

# THE MAY 50K

*#KissGoodbyeToMS*

**KISS  
GOODBYE  
TO MS**

**TOGETHER WE'RE LEAVING OUR LIMITS BEHIND.**

This May a team of us from \_\_\_\_\_ are challenging ourselves to run or walk 50km throughout the month to raise funds for life-changing multiple sclerosis research.

**JOIN OUR TEAM AND HELP US  
KISS GOODBYE TO MS.**

Sign up to The May 50K for free today.  
Register now at [themay50k.org](https://themay50k.org)



[themay50k.org](https://themay50k.org)



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**MS**

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